



**Snell's  
Pharmacy Shop**

**Clinical & Diabetes Center**

*From prevention to education and quality care, we are making a difference for everyday people who choose to improve their life-long health outcomes!*

## For Current Diabetic Patients



\*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.

## Diabetes Self-Management Education and Support Program Patient Referral Form

Patient Legal Name: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

This patient is recommended for enrollment in the Diabetes Self-Management Education & Support program based upon the following eligibility criteria:

- ✓ Currently diagnosed with Type 1, Type 2, or Gestational Diabetes Mellites
- ✓ Requires further diabetes education (Includes the following 9 topics:
  - Nutrition
  - Medication
  - Psychosocial concerns
  - Physical activity
  - Acute complications
  - Healthy/Behavioral change
  - BG monitoring
  - Chronic complications
  - Diabetes disease process
- ✓ Recommended education:
  - Initial DSMT up to 10 hours (1 hr. individual + 9 hrs. group) once in a lifetime, must be used within 12 consecutive months.
  - Follow up DSMT up to 2 hrs group (every calendar year after initial benefit)
- ✓ Labs meet the definition for diagnosis: **Actual value:** \_\_\_\_\_
  - Fasting plasma glucose  $\geq$  126mg/dL on 2 occasions
  - 2-hour plasma glucose challenge  $\geq$  200mg/dL on 2 occasions
  - Random glucose  $\geq$  200mg/dL with symptoms of uncontrolled diabetes
  - A1C  $\geq$  6.5 on 2 occasions

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

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# DSMES

Diabetes Self-Management  
Education and Support